

Phone (03) 58260211
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 Acting Principal: Ms Robyn Bell

At **Undera Primary School** our vision is for all students to be independent, self-motivated learners with a love and curiosity for learning and to face challenges with courage to achieve life-long success.

Term 3 Week 7 2023

- What's happening at UPS**
- **Tuesday 29th August** – School Council meeting 5.30pm
 - **Friday 1st September** – Father's Day afternoon tea
 - **Friday 8th September** – Italian/Cultural Day
 - **Monday 11th September** – Smile Squad dentist visit – check ups
 - **Wednesday 13th Sept** – Dental appts
 - **Friday 15th September** – Last day of term Early dismissal 2.10pm.

August birthdays
 8th – Matilda



Attendance
Every Day Counts
 This week our attendance percentage is

90%

a total of 9 days absent.
 Please notify the school if your child is absent or late. Thank you

Undera PS News

Bendigo Science and Tech Centre excursion
 We all had an amazing time at the Bendigo Science and Tech Centre today. We will post some photos on our Facebook page soon so look out for these.

Active Schools
 Thanks to our Active Schools grant we have purchased six new pedal carts for students to ride on our bike/fitness track. The track is still a work in progress but students have been excited to just go for a run around it at this stage. It will eventually have a compacted sand base and a few obstacles to make it more interesting. We will keep you posted as work continues.

Parent Opinion Survey
 So far 25% of families have completed the Parent Opinion Survey. You have until the 8th September to provide us with feedback on our school. I will email the link and code again to all families. 😊

Father's Day Afternoon Tea
 Next Friday we welcome all our dads, grandads, and other family members to join us to celebrate Father's Day with a special afternoon tea at school from 2.15 – 3.10pm. We will have some fun activities planned. An RSVP note will go home next Monday. Please return to help with catering. Thank you

Students of the Week



Braxten Sturrock
 For trying his absolute best when writing his information report!



Samuel Lagana
 For staying focused and concentrating during the mini lesson.

School Information

Udera Primary School Bus



A big thank you to Margie who is driving our school bus whilst Nicole is enjoying a well-earned holiday travelling around WA. If you need to contact Margie you can do so by messaging Robyn Bell.

Mental Health and Wellbeing at UPS

We are very excited to be launching the PosiSchools programme at our school. Over the next 21 days, students in Years 1-6 will be engaging in a variety of short activities designed to teach core concepts associated with wellbeing, to help them build positive habits for life.

Students in the **F-2 Classroom** will learn that gratitude is a positive emotion that can be grown and developed. Sometimes this means shifting our focus from things that aren't going well to things that are going well. Research shows that by intentionally and repeatedly focusing our minds on things for which we are grateful, we can help our brains to do this more naturally. Being grateful can improve both our psychological and physical health. It helps us to be more resilient and have a more positive attitude in life.

The **Senior Room** will be exploring Mindset. Mindset involves the beliefs we hold about our abilities. If we believe that our skills and strengths are innate or set in stone, this is called having a 'fixed' mindset. If we believe our skills and strengths can be grown and developed with persistence and effort, this is called having a 'growth' mindset. Over the coming weeks, students will examine these two mindsets and will learn to recognise their own 'fixed' and 'growth' thinking patterns. They will learn that effort and hard work are a normal and necessary part of success and that intentionally practicing skills leads to improvement. Students will also explore the fact that failure is a normal part of life and learning, and that, rather than being afraid of failure, they can embrace it as a natural step towards overcoming any challenge.

Emma Cox- Mental Health and Wellbeing Leader

Community News

If you have anything you would like shared through our newsletter such as community events, please contact the school on 58260211 or email.

Looking to declutter your house and contribute to the community?

Best Start's Annual Book Drive



is on throughout August 2023



If you have good quality
• second-hand children's

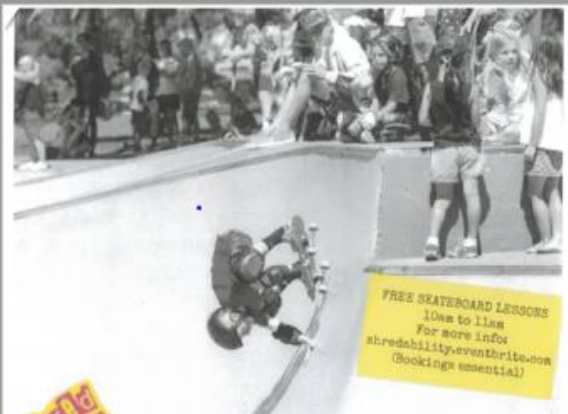
- board books
- picture books



you would like to donate for use
in our programs, please drop off to the
Council Offices from 14th-30th August
or contact Belinda Schmedje:

Belinda.schmedje@shepparton.vic.gov.au

Best Start



FREE SKATEBOARD LESSONS
10am to 11am
For more info:
shredability.eventbrite.com
(Bookings essential)



KYABRAM SKATEPARK COMP

2ND SEPTEMBER

2023

12 PM SCOOT REGO (U12, U14 AND OPEN)

1:30 PM BMX REGO (U14 AND OPEN)

2:00 PM SKATE REGO (U14 AND OPEN)

FENAUGHTY ST KYABRAM



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