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Acting Principal: Ms Robyn Bell

At Undera Primary School our vision is for all students to be independent, self-motivated learners with a love and curiosity for learning and to face challenges with courage to achieve life-long success.

Term 1 Week 1 2023

What's happening at UPS

- **21st February** – School Council meeting 6.30pm
- **6th March** – Dental van visit
- **15th March** – NAPLAN testing begins
- **20 – 24th March** Swimming program at Aquamoves
- **28th March** – School Council meeting 6.30pm

February birthdays

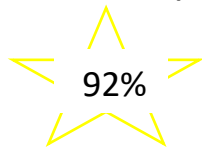
- 1st - Chloe
- 13th - John
- 18th - Miss Reeve
- 23rd - Cassidy



Attendance

Every Day Counts

This week our attendance percentage is



Please notify the school if your child is absent or late. Thank you

Undera PS News

Welcome back to 2023

It's been great to have everyone back at school and ready for a fantastic 2023 learning year. We welcome our 3 new Foundation students – Elloise, Braxten and Kitt. What a great start to school they've had, settling in quickly thanks to our transition program last year, and enjoying all the school activities.

This year our goal is to have high expectations in both learning and behaviour. Through building resilience and persistence in students to aim to have them achieving their personal best at school. Over the next couple of weeks students will bring home expectations for Home Learning. Although we do not give students homework we do expect all students to read at home EVERY night. We also expect students in the Senior room to know most of the times tables by the end of Year 5.

My proud moment this week was when most of the students were playing downball and Luke was teaching Braxten how to play. Students were so patient and supporting, making sure Braxten was given a fair go and they all celebrated enthusiastically with he made some great shots.

Mental Health in Primary Schools leader

This year Emma Cox will take on a new role as our school's Mental Health in Primary Schools Leader. This is a new role and we are still learning what that looks like at our school but we will keep you updated both in the newsletter and on the website as this role evolves.

Lunch orders

We will again provide lunches on Fridays. Nardia Wiltshire will organise a roster so if you would like to help, please let her know. This usually involves being at school between 12.30 and 1.30pm with another parent to prepare the lunches.

Students of the Week



Shekira Dzafer

For being organised for learning every day



Luke Sturrock

For a great start to the year and having a go at all learning tasks

School Information

Scholastic Books



Welcome to our new families. Children bring home Scholastic Book Club catalogues twice each term. There is no pressure to purchase however the school earns points for any purchase you make. This helps stock our class libraries. Books can be ordered through the LOOP app. Here is a link to the parent's Guide to Book Club. https://issuu.com/scholastic_australia/docs/scholastic_book_club_parent_guide?fr=sODVIMDMONDU5MDI It explains the easy steps to ordering online.

Wellbeing at UPS

We are a Respectful Relationships school. This means that we teach the Resilience, Rights and Respectful Relationships curriculum. This curriculum covers topics such as Emotional Literacy, Personal Strengths, Positive Coping, Problem Solving, Stress Management, Help Seeking, Gender and Identity and Positive gender relationships.

This program is also supported by Brodie Humphries who is our visiting PE teacher. Brodie delivers a wellbeing program to all students covering the topics of Leadership, Self-awareness, Gratitude, Empathy, Teamwork and Communication.

This section of the newsletter will provide weekly information about the learning students do around Wellbeing and developing the 'whole' child.

Community News

If you have anything you would like shared through our newsletter such as community events, please contact the school on 58260211 or email.

Thank you to our sponsors -
**Mooroopna Hardware Timber
and Building Supplies**

Undera Primary School Bus

A big thank you to Nicole, our bus driver. Her mobile no. is **0458243454**



Free Education at Undera PS

Thanks to the Schools Plus grant program we are fortunate to offer our students free education for the next three years – 2023 to 2025.

This means no school fees, no-cost swimming program, free excursions and devices such as netbooks and/or iPads available for every student.

Information on Respectful Relationships and online safety



Child & Family Information Referral & Support Team

- We support families, young parents and children to identify goals and respond to their own unique needs and challenges when experiencing difficulties
- Helps build strong family relationships
- Offers parenting support to promote positive behaviors/solutions
- Promotes healthy development, safety and wellbeing for children
- Believes every child and family should have the chance to reach their full potential.

Child FIRST can link you to information and specialist services so you can:

- Talk about your child's behavior if it is worrying you
- Manage stress or issues you are facing
- Learn to become more organised with your routines and parenting
- Find parenting support for your children
- Manage everyday tasks
- Feel more confident
- Develop skills to care for your baby
- Build strong family relationships.

The Parent Child Program is a free service to help parents with children from newborn to 4 years of age.

Our Services offer assistance with:

- Feeding - breast, bottle, food refusal;
- Sleep - Disturbances, routines;
- Toddlers - Behaviour.

Staff are able to offer support for:

- Multiple births;
- Premature infants;
- Isolation/Sole parenting;
- Adolescent parents.

Post Natal Depression

The staff work in conjunction with MCHN, GP, Paediatrician, Maternal & Paediatric Wards and other universal agencies.

Families from all backgrounds and cultures who have a child (or pre-birth) from 0 to 18 years of age are eligible.

The role of a Child & Family worker is based on the needs of the family, but may include:

- Supporting families in times of difficulty
- Working with children to ensure their emotional and developmental needs are met
- Parenting education and support
- Group programs
- Support families experiencing multiple issues, such as mental health, family violence, disability
- Referral to other services
- Case coordination for families that have a range of support needs.

